

David City Quad Track Meet

TEAMS: Aquinas, David City, Wayne, Lakeview

DATE: Thursday, March 28, 2024

TIME: 11:00 AM

SCORING: No awards will be handed out

FIELD EVENTS: 4 throws or jumps - No Finals

<u>Event</u>	<u>Order</u>	
Shot put	girls - boys -	David City
Discus	boys - girls -	Aquinas
High jump	girls - boys -	Wayne
Long jump	boys - girls -	Lakeview
Triple jump	girls - boys -	David City
Pole Vault	boys - girls -	Aquinas

RUNNING EVENTS: 12:30 or Following completion of field events.

NO FINALS/ Girls will run first

3200 Relay

100/ 110 hurdles

100m

1600m

400 Relay

400

300 Low/ Int. Hurdles

800m

200m

3200m

1600m Relay

TO: Track Coaches

RE: DC/ AQ Quad Track Meet— Thursday, March 28, 2024

Teams Entered: Aquinas, David City, Wayne, Lakeview

Entry Fee: \$100 Per School

Meet Director: Brian Hermelbracht 402-367-3187

Starter: Chad Denker

Scratch Meeting: 10:15am in the announcer's booth above the concession stand

Field events: Begin at 11:00am
All events are finals. Competitors will get 4 throws/jumps

Starting height for the high jump and pole vault will be set at the scratch/add meeting

Running events: Running will start at approximately 12:30/ conclusion of Field Events
All times are finals

Entries: On the Bound website Due: 11:00 a.m. Wednesday March 27th

Workers: We ask that each team provides 2 timers

Concessions: A concession stand will be available on the north side of the track

Vehicle Parking: There are two parking lots available on the north side of the track.

Dressing Rooms/Restrooms Dressing rooms are NOT available
Restrooms are located on the north side of the concession stand

Scoring: Team scores will be kept. No plaques will be handed out.

Contestants: Each athlete may be in only 4 events
Each school may enter up to 5 athletes in an event

Entries: Entries need to be entered in Bound by 11:00 am Wed. March 27, 2024